

BRANDON
MENTAL
HOSP'

PSYCHIATRIC

PRACTICAL

NURSING

1962



Mr Jacob R. Lewis

Brandon

RR1 Box 74

Man

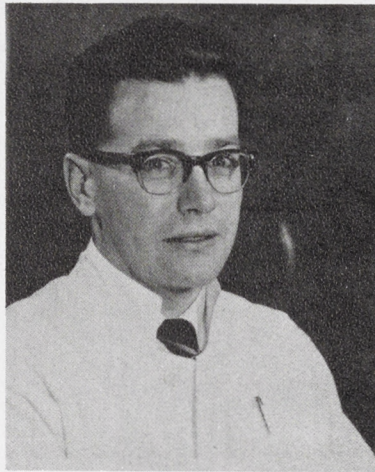


DEDICATION

Shirley Jean Holmberg

Class of 1965



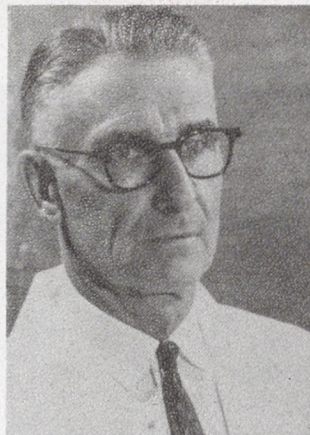


Yearbook Staff
1962



May I take this opportunity to express my sincere congratulations to all Graduating Students, both in psychiatric nursing, and in x-ray and laboratory technology.

I do not know in detail the reasons why you chose to take training in your respective fields, but I think that an important one will have been a genuine interest in, and liking for people. May this interest and liking never wane.



I hope that the training you have received has been satisfactory and satisfying to you. I hope that you will have a desire to increase your technical training, but I think that even more, I hope that you will never cease to improve your education, through reading, observation, contemplation, and work.

When you graduate you become a professional. One of the things said about a professional is that he does a good job even when he does not feel like it.

A recent newspaper editorial was somewhat critical of the "image" produced in the public mind by a professional group. I hope that you will see to it that your "image" is consistently good.

Our hospital has seen many changes of late in all departments. These changes could not take place without hard work and co-operation. This yearbook is part of that change. It is several years since a yearbook was published for this Hospital. May I say 'thank you' to the editor and his committee for their contribution to our progress.

Once again, congratulations to all of the graduates, and my sincerest best wishes to you all in your future endeavours.

M. E. Bristow, M.D.,
Medical Superintendent.

Superintendent's Message

1962



We all know the terms "Nurse", "Trained Nurse", "Graduate Nurse" and "Registered Nurse".

Now we have the terms "Psychiatric Nurse" or "Registered Psychiatric Nurse".

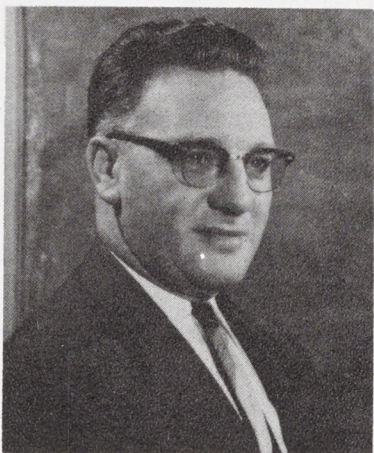
During the past three years you have been educated to be a Psychiatric Nurse and are now to become a member of your own professional association.

May you use well the knowledge and techniques you have learned, not only to help those who need your help, but that your life may be a successful and happy one.

Kindest personal Greetings to you all!

Miss G. Fitzpatrick, Reg.N.

Superintendent
of
Nurses



CHIEF MALE NURSE



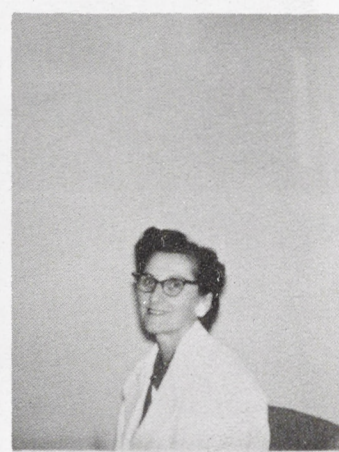
I would like to express my congratulations to all the graduating students and wish them every success in their future career. The three years of study is a trying and challenging period, but a worthwhile effort.

It has taken longer than that time for psychiatric nurses to be recognized as a professional body of people, but this much desired recognition has at last been achieved.

Your education as nurses gives you a wealth of knowledge without which you could not give the service that you do. Your professional status should be upheld and carried with pride. Psychiatric nursing is a profession of the modern age, therefore, like progress, it should not stand still.

May you continue to learn and prosper in your work!

A. J. Russell, R. P. N.



MRS. A. STANLEY
MRS. E. de la RONDE

MISS M. TURNER
MRS. T. GIBSON

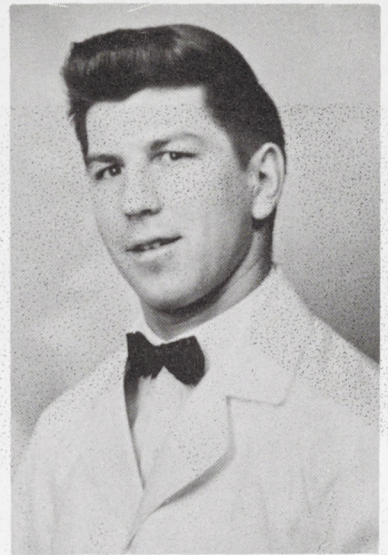
MR. L. HENDERSON
MRS. I. BARRINGTON

OUR INSTRUCTORS



Nursing Office

Staff



President's Message

At last! We, the pioneers of the Class of 1962, have conquered our last front! It has been a long, hard grind, and we have met and overcome obstacles we thought were unconquerable. Three years seemed a long time when we started our first day in the Classroom. But how the time has flown! Some days were happy, some were sad; some challenging, some triumphant. All together, they have made our Student career at our Hospital a successful one. Our Student Association has also grown and is forging ahead. It was during the last three years that the Male Students and Lab. Staff were included in the Association. This year our Constitution was revised, and a Yearbook is being published.

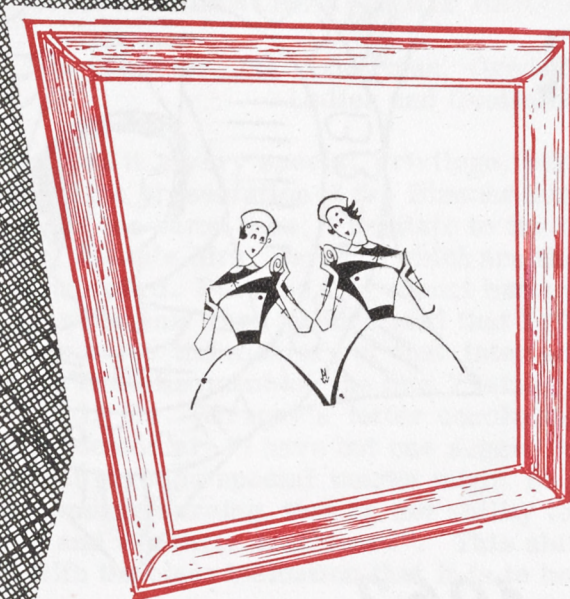
I, therefore, would like to express my deep appreciation and thanks to each and every one of you who, together, have made these feats possible.

To the Graduates of 1962, congratulations and good luck! And to the new Students, a welcome and a wish that your Student years are some of your best!

Terry Wozney.

S
T
U
D
E
N
T

C
O
U
N
C
I
L



1962

GRADUATES



THE BARAGAR MEDAL



1962



AWARDED
FOR
PROFICIENCY

Miss Juliette Gauthier

PRESENTATION OF BLANCHE EUGENIE BARAGAR MEMORIAL MEDAL - 1962

Mr. Minister, Mr. Chairman, Graduating Class of 1962,
Ladies and Gentlemen

I consider it a very special privilege, which Dr. Bristow has bestowed on me, to make the presentation of the Blanche Eugenie Baragar Memorial Award this evening. At the same time, I hesitate to try to adequately describe the characteristics of the late Mrs. Baragar which are the essential requirements in the recipient of the award. Perhaps this cannot better be described than in the words of Dr. Baragar himself when he indicated that he "should like to do something, if I may, to perpetuate the memory of that interest" - (that is, Mrs. Baragar's interest in the establishment of the new Training School for Nurses in Brandon Mental Hospital.) Dr. Baragar's letter concludes with the following paragraph regarding the Memorial - "I have but one suggestion to make regarding marking, and that is that perhaps special marks might be given to the nurse for general proficiency in mental nursing, that is, her ability to effectively and kindly manage mental cases and win their confidence". This ability is the essential citation in this award, with the clear indication that it is to be given for "personal" nursing.

During the years when the late Dr. and Mrs. Baragar were with us in Brandon, most of the spade work and construction took place in conversion of the institution from a detention home to a treatment hospital. In this, the new Training School for Nurses was a tremendous factor; during this time Mrs. Baragar worked in a most unassuming manner, so quietly and without fanfare, that few people knew anything about the part she played. Only three or four years before Mrs. Baragar passed away, a young victim of Malignant disease, I learned the true story of Blanche Eugenie Baragar when I spent three weeks with Dr. Baragar in the northern Manitoba wilderness. After this experience, I know that it will be difficult for many of the Medical and Nursing professions to follow in the footsteps of either Dr. or Mrs. Baragar.

As time goes on, and as our hospitals increase in population and complexity, with the need for supervision and controls at every turn, it becomes increasingly difficult for a nurse to manage the personal contacts which comfort the patients so much. This is also more difficult for a nurse-in-training, who has so many specific duties to perform. Therefore, in presenting the award to you, I wish to congratulate you on your accomplishments, and to hope that you may be able to follow for many years in the footsteps of Blanche Eugenie Baragar.

(R. P. Cromarty) M. Sc., M. B., F. R. C. S. (C).

AWARD WINNERS

1962

BARAGER MEDAL MISS J. GAUTHIER
GOLD MEDAL MR. F. KRUEGER
LIONS CLUB AWARD MR. K. McPHAIL
REESOR'S PRIZE MISS M. TOWN
AFFILIATING NURSES AWARD MISS A. OLAUSON



Combined X-Ray and Laboratory Course

GOLD MEDAL MISS N. RIDDICK
SILVER MEDAL MISS D. PILGRIM
FIRST YEAR STUDENT AWARD MISS B. OKE

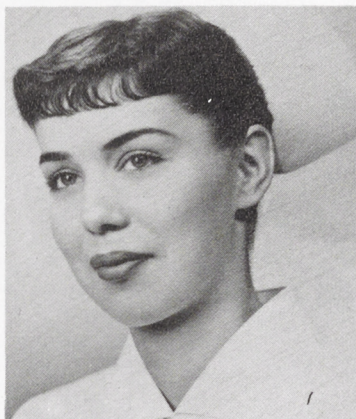


Laboratory Technology

SILVER MEDAL MISS S. HODGSON
FIRST YEAR STUDENT AWARD MR. K. CHOY

HOWARD POTTER:

Saves his money by living in Forrest.
Used to be a Fuller Brush Man
Now is fuller - knowledge.

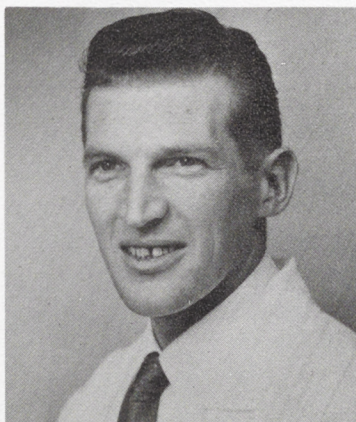


SHIRLEY BEAULIEU:

Hails from: Flin Flon
Favorite Saying: "Hold your kidney"
Ambition: West Coast

JULIETTE GAUTHIER:

Hails from: St. Boniface, Man.
Favorite Saying: "Oh Heck"
Petite and Pretty.

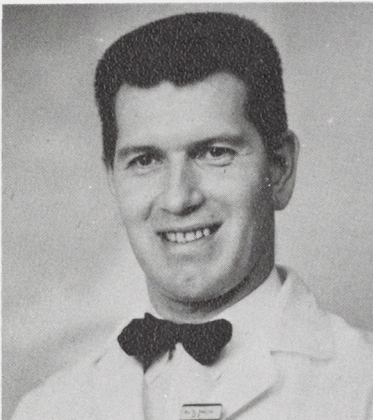
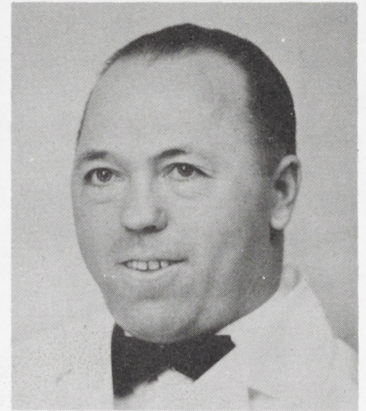


EDWARD MANSOFF:

Hails from: Brandon
Hobbies: Shooting and Fishing.

WILLIAM MUNDAY:

Wise chap, wife works in the
right department.
He is a projectionist,
Mental Mechanism?

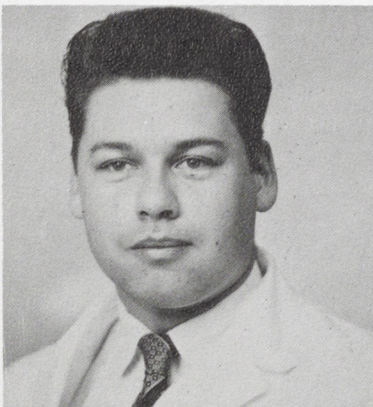


RUSSEL HAWKINS:

Hails from Nesbitt, Man.
Serious student.
Used to be a carpenter,
But prefers to work in the
Operating Room.

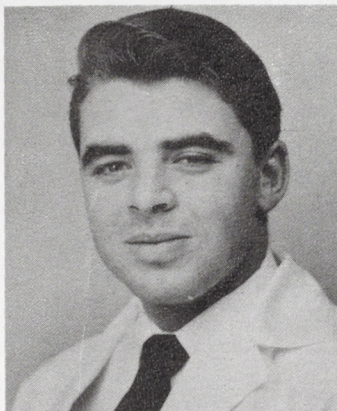
ERICKA HARTWIG:

Hails from: Regina, Sask.
Favorite Song: "Wooden Heart"
Ambition: To be a perfect nurse.



MICHAEL MUDRAY:

Hails from: St. Rose, Man.
His one ambition is to remain
asleep through a whole lecture
in the classroom.

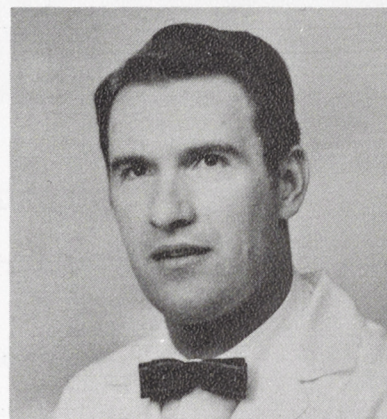


INGO MUELLER

Born in Germany.
Likes his sports car.
Has difficulty in keeping drink
in a glass.

FRANK KRUEGER:

Good student - blushes easily.
Ambition is to irrigate his farm
from Lake Erie.

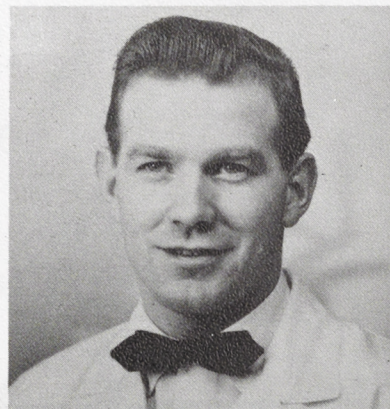


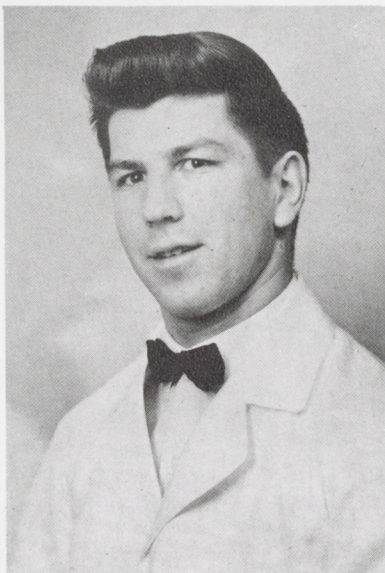
GLORIA MICHAYLUK:

Affectionately known as "Mitch".
Hails from Wakaw, Sask.
How has she stayed single?
Apparently she has police escorts.
Favorite Subject: "Plumbing".

FRANK STOUFFER:

Don't know much about this fellow.
Perhaps it may be a defence mechanism,
That he doesn't say very much.





TERRENCE WOZNEY:

Popular boy of the class,
Likes his car and girls.
Ambition: Not to share his car on
a permanent basis.



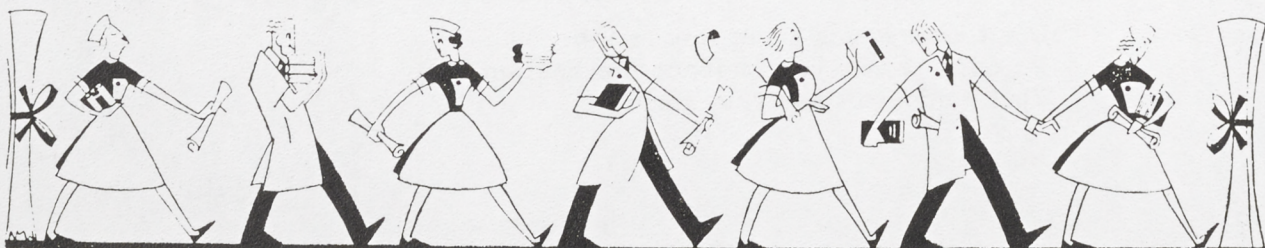
HILDEGARD ZAISER:

Hails from: Kipling, Sask.
Likes: The Kingston Trio,
Their Singing.
Ambition: To graduate.

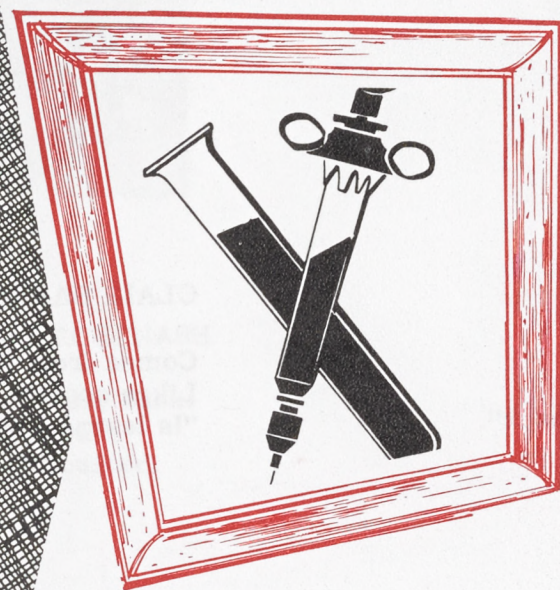


ALBERT HUNT:

Good boy in class.
Married a tall girl, then
tried to squeeze her -
into a Volkswagen.



TECHNOLOGISTS



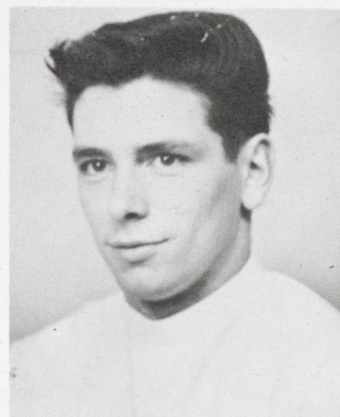
LABORATORY
AND
X-RADIOGRAPHY





DONNA PILGRIM

Hails from Brandon
 Would like to go to Australia
 "Hope her Boomerang comes back".



CLAIR BAERR

Comes from Yorkton, Sask.
 Likes sports.
 "Is learning French."



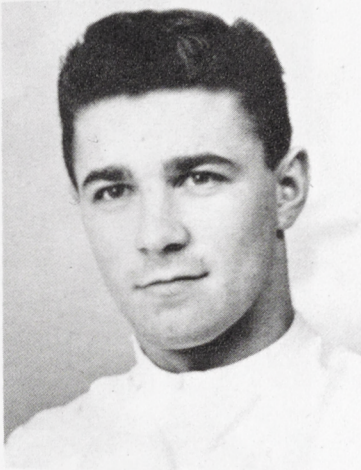
SHERRIL HODGSON

Born at Hartney, Man.
 Quiet and conscientious.



ELIZABETH SYMCHYCH

Her home is Gilbert Plains.
 Likes to paint and read.



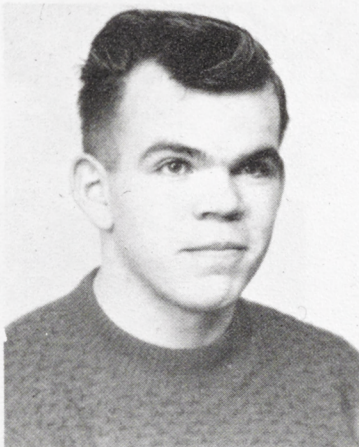
WILLIAM OTCHENASH

Born: Yorkton, Sask.
Likes basketball.
Is an ardent curler.



DONNA WEISSBACH

Comes from Oxbow, Sask.
Likes to curl.
Ambition: Marriage.



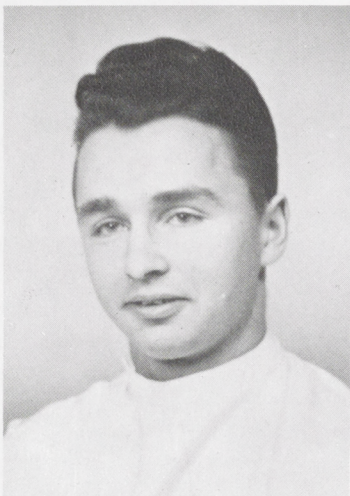
DENNIS SIRETT

Comes from Neepawa.
Would like to teach.
Interested in Agriculture.



ANN RIDDICK

Hails from Cardale.
Ambition: To travel.



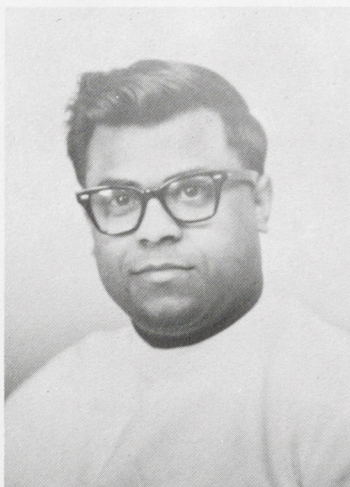
LAWRENCE THACZUK

Born: Onanole.
Would like to travel.
And to continue in Lab. work.



JOANNE FORREST

From Brandon.
Doesn't like autopsies
nor boys!



VALI ALI

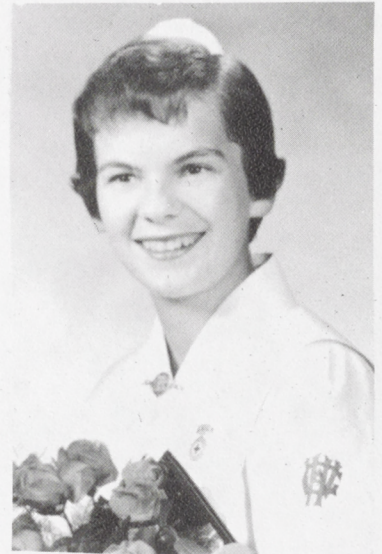
Hails from Trinidad.
Ambition: To take B. Sc.
To return home.
Likes outdoor sports.

Psychiatric Nursing - Post Graduate Course



GLEND A BRAY - "She's calm and reserved, that's as far as it goes. She seems to be quiet, but one never knows." Coming to us from Lenore, Man. after graduating from Grace Hospital, Winnipeg, Glenda is one of the quieter members of our class. Preceding her days off, Glenda can usually be seen heading her car westward down the road. Her main activities consist of curling and talking. Although she will not say what her main ambition is, we believe it to be to finish her P. G. course and practise Psychiatric nursing for ever and ever.

NANCY BENSON - "Anything worth doing is worth doing well." Nancy is the socialite of our class as she belongs to the Beta Sigma Phi Sorority. The cold, stormy days do not stop Nancy as she and her Rambler plow the snow to get to class and back home again. Curling is another of her many interests. Since graduating from the Winnipeg General hospital, Nancy has worked in the Carman and Brandon General Hospitals. Household science and Social Work hold Nancy's interest for the future.

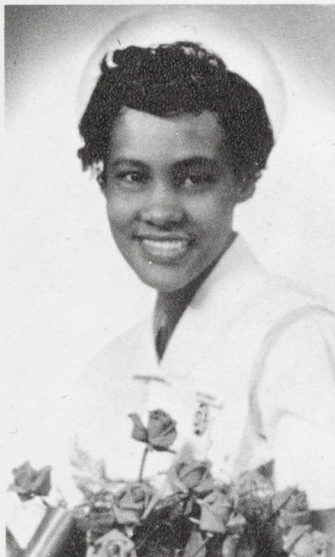


LORNA CALDWELL - "Steady in work, steady in play, She's bound to make good in her future day." A native Manitoban, from Hamiota, Lorna took her training at the Grace Hospital in Winnipeg. A great sports enthusiast she will most frequently be seen at the hockey arenas, or home - seldom in residence. An ability to use her time effectively is proven in her marks. Lorna's plans for university next year have been changed, due to - she wouldn't say (wedding bells we presume).



BETTY EMBREE--"In nursing life, she's demure, but outside, well we're not so sure." From her home in Springhill, Nova Scotia, Betty ventured to New Brunswick to take her nurse's training at Moncton Hospital. Curling, skating, and dancing rate high as her favorite activities, with reading a close runner-up. Plans for the future are still indefinite although university beckons brightly.

MARLENE GREY--"Always happy, always gay. Always talking all the day." Curling, skating, bowling and Youth Group activities hold Marlene's interest, and in between she makes frequent trips to visit a friend in Winnipeg. Marlene left her home in Nova Scotia, to commence training at the Victoria General in Nova Scotia. In future she has thought of joining the Air Force.



CARMEL LIVERPOOL--"Fond of sports, and hearty laughter. But Business first, and pleasure after." Carmel is a graduate of the Miller General Hospital in Greenwich, London, England, and her home is in St. Vincent, West Indies. Since coming to Manitoba, Carmel has been aspiring to be a future Sonja Heinie, as she and her new blades have been whirling around the rink. From Montreal to Vancouver, Carmel has travelled, and now has decided to try the Prairies.

RUTH McISAAC--"She's happy go lucky, one grand sport Always ready with a witty retort." Roses are the key to this gal's heart, and Ruth is always looking for a "real" letter. Our only girl from the West, Ruth comes from Fort Qu'Appelle, Sask. A graduate of the Saskatoon City Hospital School of Nursing. Ruth has worked in Bermuda, Red Deer, and New Westminster. Coffee tables are a hazard! Interests are photography and long distance phone calls (she doesn't say from where).





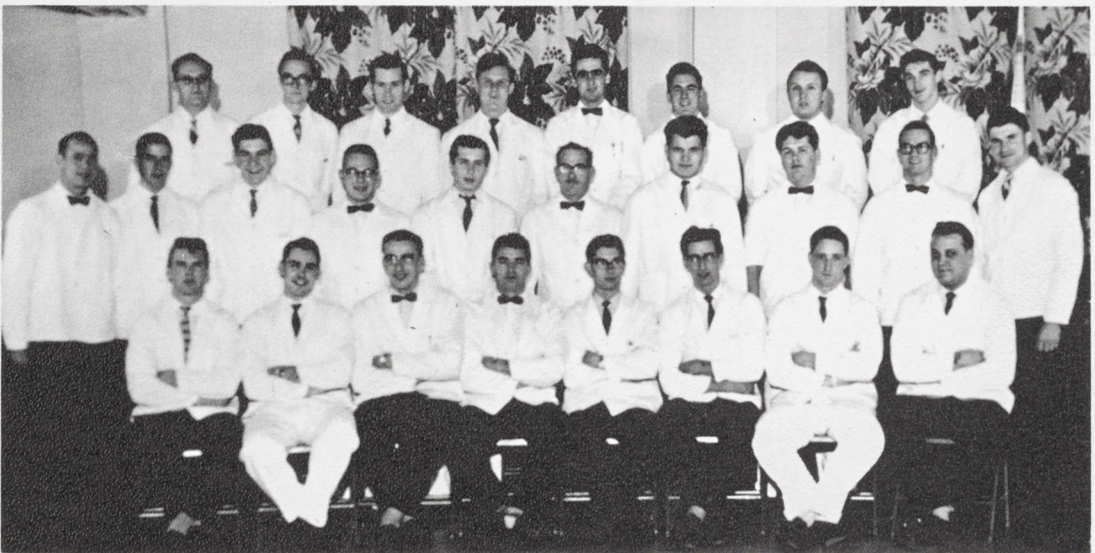
WANDA McCREADY-"Convince me against my will, I'm of the same opinion still. " Wanda, who hails from Truro, Nova Scotia and graduated from the Victoria General in Halifax, wishes to travel to the opposite coast. In the meantime she enjoys curling, parties, and breaking bones, but in the future she would like to quit nursing. (Reason why didn't say).

PATRICIA PRITSCHAU-"Why rush through life , you may come to the end too soon." Pat is the mother of our class having two charming daughters. Following her graduation from Brandon General Hospital and obtaining her R. N. she then acquired the Mrs. Her main interests now lie in her home and family. In the future Pat's desire is to visit the British Isles and Paree.



BETTY STOREY--"No fame I crave before my eye
A single goal I keep I hope just once before I die to
get sufficient sleep." As told in the above tale, our
classmate can usually be found sleeping or reading
(Freud) Coming from Flin Flon, Betty graduated
from Victoria General Hospital in Winnipeg. After
spending a year nursing in Bermuda, she went on
for a Post Grad course in Pediatrics in Montreal.
Her present ambition is to return to Pediatrics,
(Nursing--Natch!)

FUTURE GRADUATES





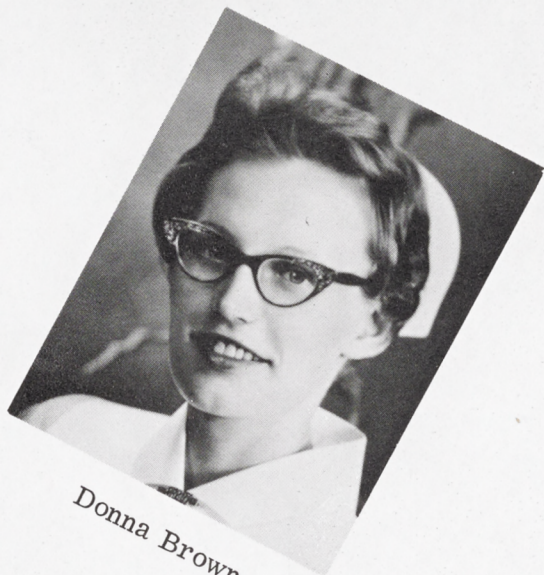
GRADUATES

1961

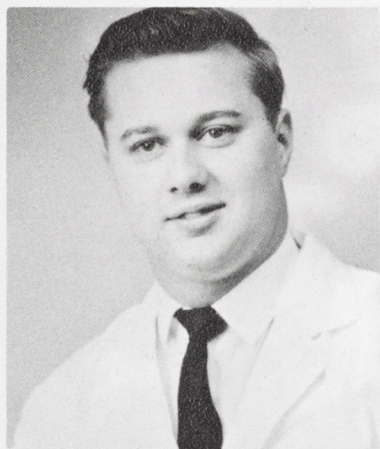




Francine Plessis



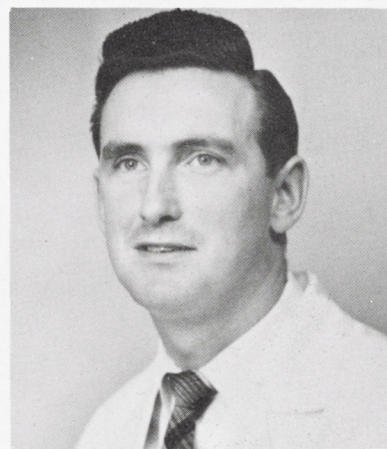
Donna Brown



Jim Pow



Norma Young



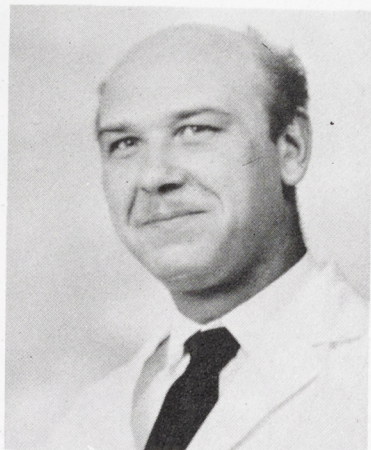
Stuart Moir



Elizabeth Gibbons

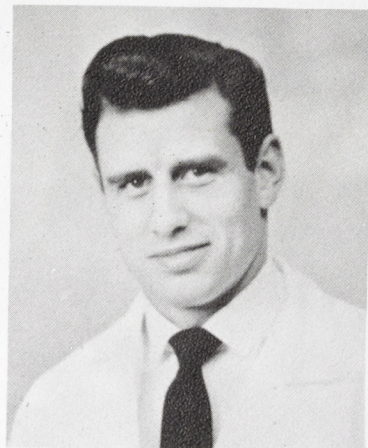


Lorraine Gibbons



Klaus Hermann

Laurent Martel

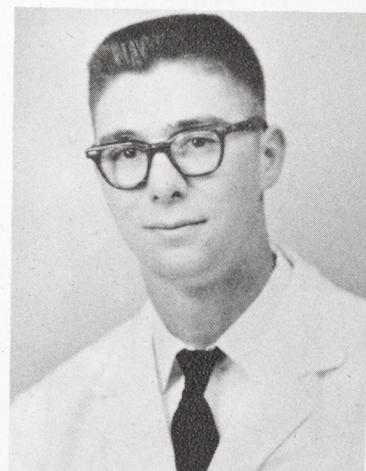
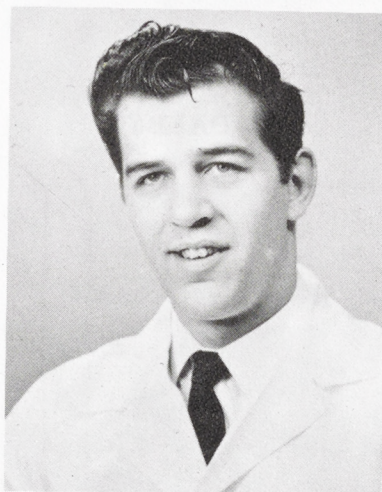


Leon Brichon



Arthur Clark

John Villers



Bob Eisler

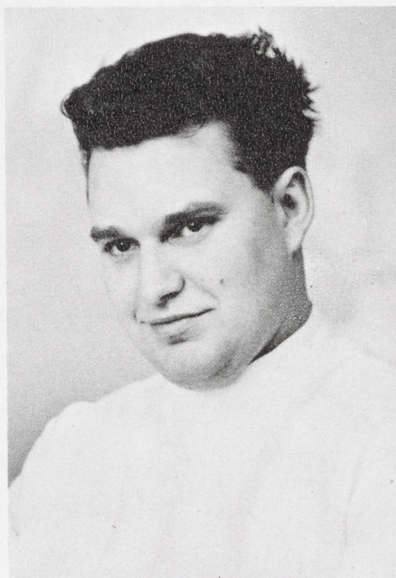
P
O
S
T
G
R
A
D
U
A
T
E



P
S
Y
C
H
I
A
T
R
I
C
C
E
R
T



N. FOREMAN



K. DALBY



M. PARKS



D. JENKINS



D. BLANCK



D. SWANSON

Missing: W. YASCHYSHYN

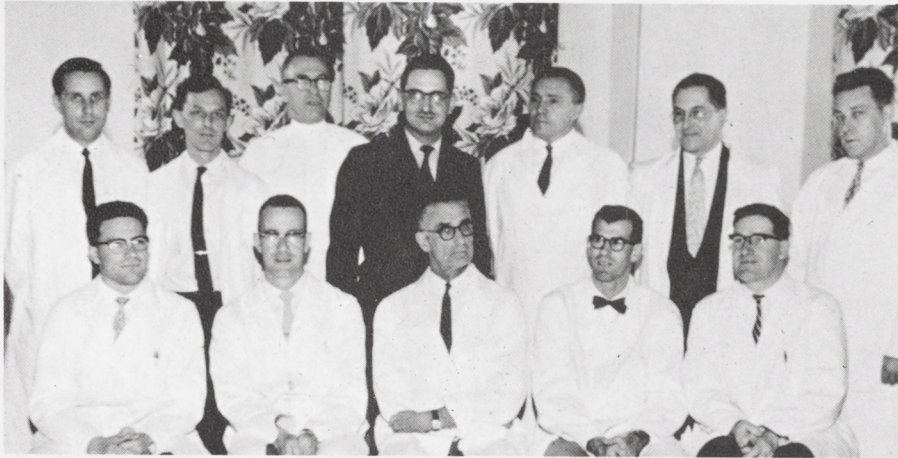


"Do you two have a license to practice medicine?"

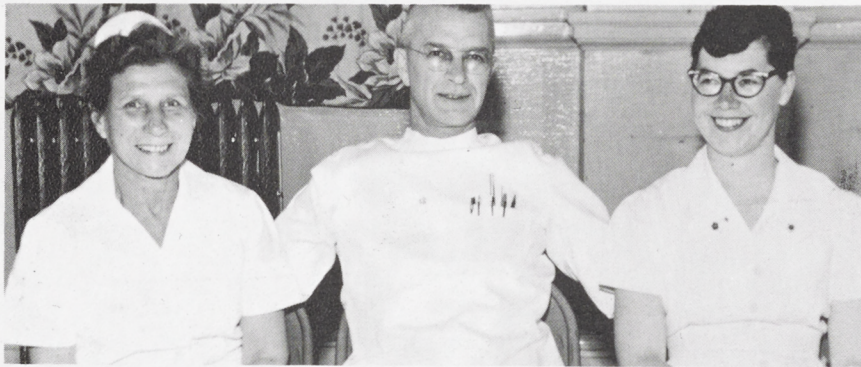


"That reminds me — I'm on men's ward again tomorrow."

ALL PART OF THE TEAM



THE MEDICAL STAFF



MISS PAETZOLD, O. R., MR. ARMSTRONG PHARMACY
MRS. FERRIER, RADIOGRAPHER



OCCUPATIONAL THERAPY STAFF



SUPERVISORS--FEMALE WARDS



LAUNDRY STAFF



LABORATORY STAFF



HOUSEMOTHER AND STAFF



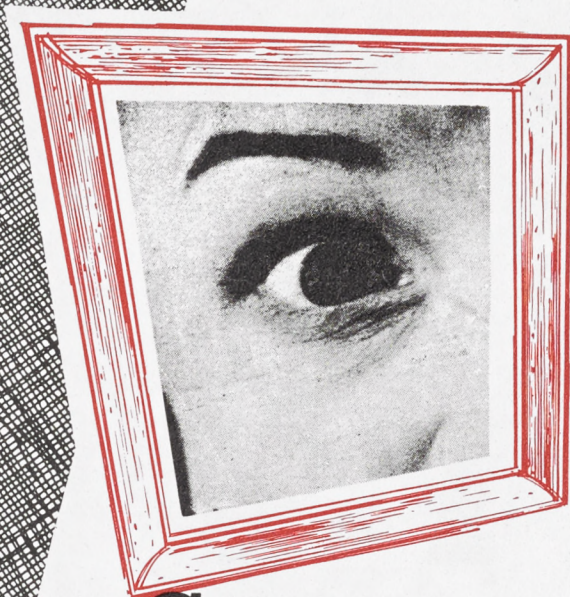
KITCHEN STAFF



THE STENOGRAPHERS



MALE SUPERVISORS



C
A
N
D
I
D

C
A
M
E
R
A





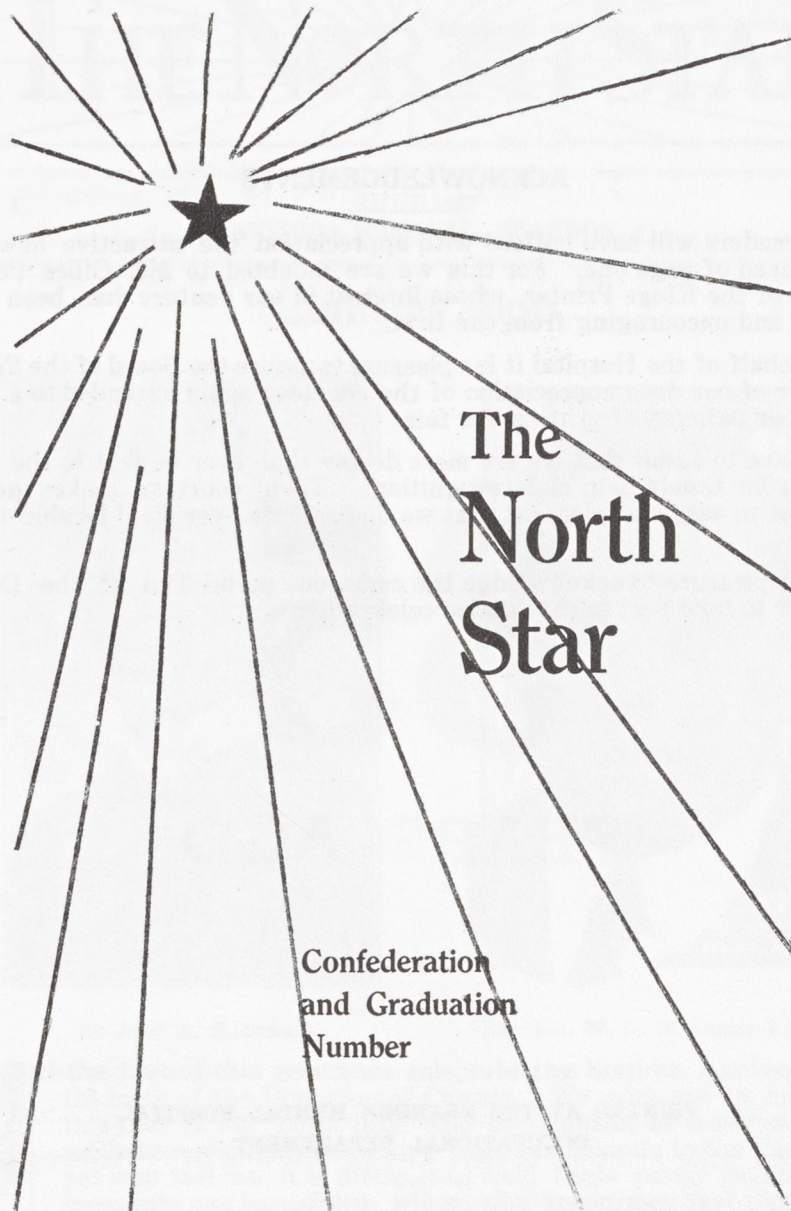


THE NEXT SECTION of this yearbook is a reproduction of another yearbook printed in the year 1927. As you will see, there have been many changes since then, or have there?

35

YEARS AGO

We would like to point out that the book was printed in the hospital by the same man and machine that does the printing today. The committee are privileged to give you a peek into the past.



The North Star

Confederation
and Graduation
Number

VOL. 1

JULY, 1927

NO. 3

MANITOBA HOSPITAL, BRANDON

ACKNOWLEDGEMENTS

Our readers will have noticed with appreciation the attractive new title at the head of page one. For this we are indebted to Mr. Gilles Purcell, the son of the Kings Printer, whose interest in our venture has been most helpful and encouraging from the first.

On behalf of the Hospital it is a pleasure to assure the Board of the Provincial Fair of our deep appreciation of the courtesy again extended to a number of our patients of visiting the fair.

We have to admit that we are more deeply than ever in debt to the Brandon Sun for timely help and recognition. Their courtesy makes getting into debt so easy and pleasant that we doubt if we ever shall be able to get out.

It is a pleasure to acknowledge the courteous permission of the Deputy Minister to take part in the Jubilee celebration.

**PRINTED AT THE BRANDON MENTAL HOSPITAL
OCCUPATIONAL DEPARTMENT**

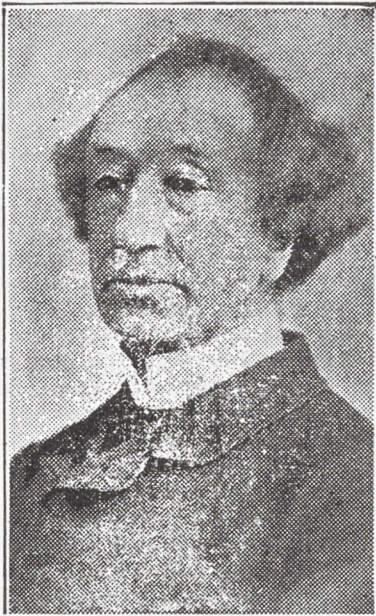
THE NORTH STAR

VOL. 1

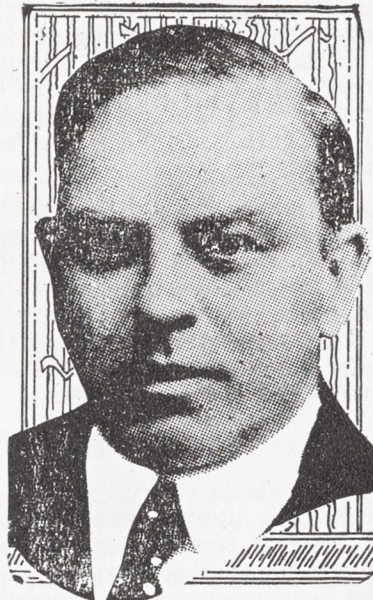
JULY 1927
MANITOBA HOSPITAL, BRANDON

NO. 3

Confederation



Sir John A. McDonald



Rt.-Hon. W. L. McKenzie-King



ON the first of this month we celebrate the Sixtieth Anniversary of the birth of the Dominion of Canada. We who are in mid life in this year of our Lord 1927, who see Canada as a series of well settled communities stretching from the Atlantic to the Pacific and yet who feel that it is difficult to weld these partly isolated provinces into one harmonious whole, who sometimes feel discouraged over the differences between the East and the West, can scarcely appreciate the greatness of the vision, the courage and the strength of characters the of Fathers of Confederation and of those who supported them, qualities that gave rise to the British North America Act, and resulted in the organic union of the original provinces and provided for the creation of additional provinces. We of the newer provinces and of a younger generation must not forget the sacrifice involved when the older provinces ceded to the Central Government certain sovereign powers and prerogatives that had been theirs in order that the foundation of a great nation might be laid.


The central provinces of Ontario and Quebec have so far profited most by Confederation. The Maritime provinces seem not to have benefited at all though it is scarcely to be admitted that their discouraging experiences are entirely due to Confederation. These experiences are probably the result of circumstances that even autonomy could not have prevented. But it is the duty of the Dominion as a whole to see that the blessings of Confederation come to them in reality by a spirit of compromise and purposeful direction of national affairs.

Though our roots go back into the 17th century growth has been slow chiefly because the great nation to the south of us with its more temperate climate, its almost illimitable and more easily tapped national resources, have attracted to its shores the thousands of immigrants not only from Europe but from Britain and even from our own Dominion, but the hour of Canada has arrived. The next fifty years are hers. In her great undeveloped resources in agriculture, forests, fisheries, minerals and water power there is a lodestone that will bring millions to her shores and will abundantly provide for them. A rigorous climate that has to the present turned many away will now serve to invite the strong and active, helping in that way to select the best stocks, a selection that should be carefully watched by immigration departments. Canada faces now what must become a period of great expansion.

But apart from material things Canada is a part of the British Commonwealth of Nations, a very important factor in a great experiment, the practical demonstration of the possibility of international peace by mutual understanding and good-will, without the presence of an organic bond, and permitting as it does the fullest development of national individuality and freedom with international co-operation. By this route must international peace be achieved. Canada has surely a great heritage and a great future nationally and internationally.



Canadian Education

N Canada we have nine provinces and nine educational systems more or less different. If Canadians are to develop a common national sentiment it is time these differences were wiped out and that a common Canadian educational standard were established in our Primary and Secondary schools. Surely the non-professional and professional education of one province should qualify a teacher to obtain a position as such in any province in the Dominion without any further examination, provided the common standard were observed. The province with poorly trained teachers would soon find these teachers a drug on the market. The province with the most highly and successfully trained teachers would become the schoolmaster of the Dominion. Each province would moreover gain rather than lose by the exchange of teachers. The common system suggested could be worked out through a general advisory Board without in any serious respect interfering with the autonomy of the provinces in the control of educational matters. What better way could there be of celebrating the Jubilee of Confederation than by organizing such a general Board, by adopting a common standard and by encouraging the exchange of teachers.



Hon. John Bracken

Congratulations!



THE North Star extends to Premier Bracken and the members of his Government cordial congratulations on their return to power. It is evident that the people of Manitoba in general have confidence in the present Government and desire that it shall have in a further term of office an opportunity to carry forward the public tasks they have set themselves. We wish particularly to congratulate our own Minister and can assure him that it is with pleasure we look forward to another five years hospital work under his ministerial direction.

The members of the medical profession in the new Legislature are to be congratulated not merely on their personal success at the polls, but also because that implies to some extent at least confidence in the profession as a whole. In fact by reason of his daily work one might expect the doctor to possess in an unusual degree, an intelligent and sympathetic appreciation of the needs of all sections of the community. Their election may also perhaps indicate consciously or sub-consciously a greater public interest in Health.



BRANDON JUBILEE CELEBRATION

The programme for Dominion Day in celebration of Canada's Diamond Jubilee reached a very high plane and was a credit to those who were responsible for the general arrangements for the parade and particularly to those members of the telephone staff who arranged for the reproduction of the Ottawa programme. For the great majority of those concerned it was a labour of love.

The outstanding features were of course the ringing of the carillon of bells in the Memorial Tower at Ottawa and the Prime Minister's address. No more striking illustration of the vast strides that have been taken since 1867 could have been found than in the almost supernatural reproduction of an address fourteen hundred miles away.

The parade was a conspicuous success and went off without a hitch. The day however reached its climax at the very end of the programme as should be the case in the pageant staged by the women of Brandon, which was most impressive.

The importance of a celebration such as this is not easily measured. It took weeks to prepare and one day to perform but it has surely left on the minds of all and especially of the children an impression that years will not erase. It cannot but help to develop a keen sense of Canadian citizenship and a deeply rooted love of country, sentiments that Canadians now possess in a high degree though not always in a demonstrative form.

The Mental Hospital Float



It may be justly proud of the float which was sent from this Hospital to take part in the Jubilee celebration. It measured well up to the high standard set by the Brandon committee and was worthy of the occasion.

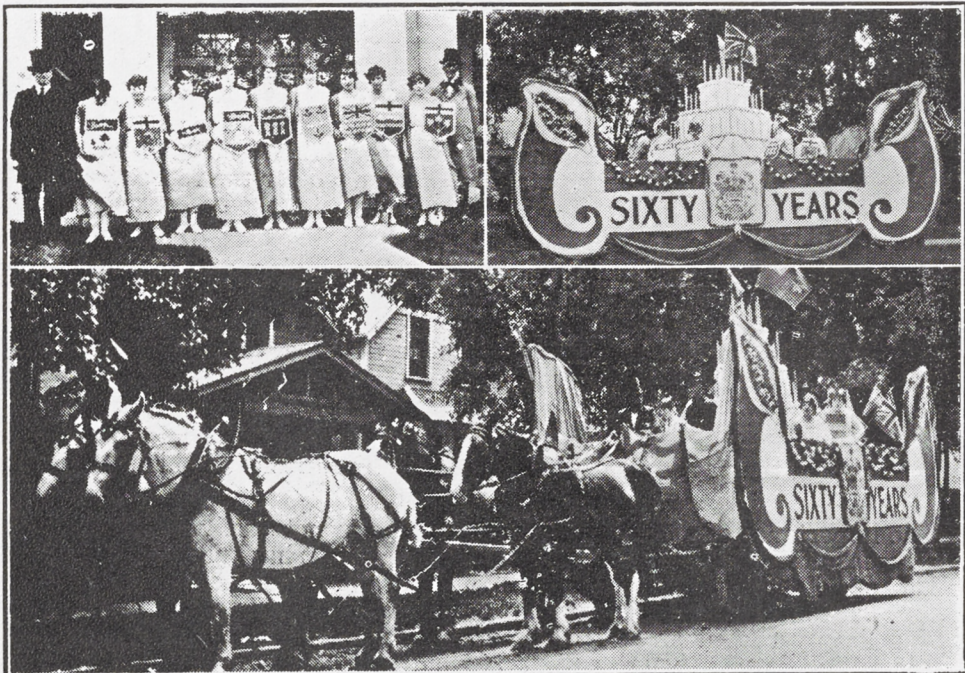
The central figure of the float was a large birthday cake suggested by Mrs. Goulden. It was flanked by four horns of plenty suggested by Mr. Fitton and was surrounded by ladies representing the provinces of Canada and Mr. Albert Long and Mr. Francis Booth representing Sir John A. MacDonald and Premier King.

From an artistic point of view the float was commendable but the outstanding features were the provincial shields and the armorial bearings of the Dominion which were almost entirely the work of Mr. Frank Brown, though he had some more or less amateur assistance.

Mr. Fitton had charge of the general construction, Miss McCulloch and Dr. Goulden were responsible for the decorations, and to Miss Lynch fell the difficult task of selecting from an abundance of material the young women who were to represent the provinces. Each of these nine ladies was draped in purple and white, crowned with a wreath of maple leaves and bore on her arm the shield of the province she represented.

The float was drawn by two of Mr. A.C. McPhail's best teams hitched in tandem and driven by Messrs George Brown and John Chrisholm, both in top hats and looking like professional coachmen.

The float was fine, but finer still was the excellent teamwork and the spirit of willing co-operation that made it a success.



The Graduating Class and Training School



It affords the NORTH STAR pleasure and satisfaction to include in this number a special section devoted to the graduates of 1927 and to the Training School. To the new graduates we extend our sincerest congratulations. By their hard work and their interest, by their own personal worth and womanliness they have won the admiration and respect of us all. Whatever the future may hold in store for each, whether it be a career, or the place of honor and affection in a home, these qualities promise well for them and not the less so because of their period of study and training in a mental hospital.

To the reader in general we would say that though suitable buildings and equipment are exceedingly important, it is infinitely more important that those who care for the mentally ill as well as for the physically ill be well trained and that they be inspired with a deep sense of their responsibility and a high ideal of unselfish personal service. Without this real progress in the care of the sick is impossible. The Welfare of the mental patient depends more on the personal devotion and skill of the nurse than of the general patient, though this is a fact that is almost universally unrecognized or overlooked.

The mental nurse has moreover to care for her patients when they are physically ill and must therefore have training in general nursing as well. The best nurse for any kind of patient is in reality the one who has both mental and general training to an adequate extent. In the new and wider field of Public Health nursing mental training for the nurse would be of very great value. Probably half of her problems are primarily mental or psychiatric; they are problems in Mental Hygiene. For the Public Health nurse it matters little whether she has ever been in an operating room or not, but it is of vital importance that she know a good deal about infectious fevers, tuberculosis, child welfare and mental hygiene. Of this almost self-evident fact the community, is not yet fully cognizant, but within a few short years recognition will surely have been attained and then the wonder will be that an apparently self-evident fact had escaped notice for so long.

The course in mental nursing has been planned to dovetail into a further course of training in a general hospital, thus fully equipping the nurse to undertake any ordinary nursing duties she may be called upon to perform. Unfortunately it has so far been impossible to permanently arrange affiliation. Delay is doubtless due partly to apprehension on the part of general hospitals of adding to their difficulties without compensating gain, and partly to the mental hospitals themselves. When the character of their nursing service attains the same high level as that of the larger general hospitals some of the obstacles will probably vanish.

One hospital, St. Boniface, has most generously given affiliation a trial in the case of three of our nurses. This is a pioneer step in Canada and and one deserving of the highest commendation. It is an act of courtesy and assistance to the nursing service of the Brandon Mental Hospital that is most deeply appreciated. Through this arrangement two mental nurses, by spending two years in the Mental Hospital and nearly two years in the St. Boniface Hospital, have graduated this year in General and Mental Nursing and will shortly have received their Reg. N. diplomas. They are the first in Manitoba to do so and also it is understood the first in Canada.

Nurses who graduate in mental nursing are encouraged to seek admission to general hospitals even if they are required to take the full three years training. They will thus themselves help to remove misapprehension and to create a sense of mutual respect and sympathy. They will become the "leaven" that "leaveneth the whole" in the nursing profession.



Fifth Annual Graduation Exercises



THE fifth annual graduation exercises in mental nursing took place as usual in the assembly hall of the Mental Hospital at 8.15 p.m. on Wednesday, June the first. In the absence of the Minister, the Deputy Minister, Mr. D.L. McLean, presided. The Invocation was pronounced by Rev. H.L. MacNeill, Ph.D., acting President of Brandon College. Most enjoyable musical selections by Mrs. Eric Hulatt, Dr. E. S. Bolton and Mr. G. A. Fitton won the appreciative applause of a large audience.

The central feature of the programme was of course the presentation of prizes and diplomas. Seventeen young ladies received diplomas in Mental Nursing at the hands of Mr. McLean and their graduation pins from Miss Catherine Lynch and their bouquets from the arms of little Miss Helen McRae. They each received diplomas in First Aid from Dr. C. P. Templeton who had been their lecturer in that subject. One nurse, Miss Alberta Hicks, received a diploma in Mental and General Nursing, Miss Pearl McRann was granted the same diploma in absentia. These two young women are the first in Western Canada if not in the whole of Canada to so graduate. The prizes were next presented by Miss Lynch in nursing and by Dr. Templeton in First Aid.

There are few more inspiring sights than a group of fine looking, stalwart young women in white, their arms filled with sweet smelling flowers, supported by a second group of young women in Hospital blue and marshalled together on such an occasion when happy excitement lends to their cheeks an attractive touch of colour and to their eyes a bewitching sparkle.

Following this part of the programme Dr. A.T. Mathers briefly reviewed the progress in reorganization since 1918. Dr. McPhedran and Dr. Pentecost, two visiting physicians from Toronto, in brief addresses congratulated the graduating nurses and expressed their appreciation of being present. Dr. McPhedran in particular expressed his great enjoyment of the musical selections of the evening.

The address of the evening, that to the nurses, was delivered by Venerable Archdeacon McElheran of Winnipeg. It was an address full of good advice not only to the young women but also to the audience in general. He emphasized especially the wonderful opportunities for service that were to be found in a nurses' life.

After the completion of the exercises the evening was appropriately concluded by a reception in the Nurses' Home with refreshments and dancing.



Anyone who wants to see Modern Dairying should visit Mr. Howard at the Dairy Barn. His new milking machine is said to be the latest model.

Mr H.S. McKenzie has Dahlias blooming in profusion. They will well repay a visit. He also has the honour of serving the first new potatoes.

THE NORTH STAR



Miss Catherine Lynch R.N.
Superintendant of Nurses



Miss Reta McCulloch
A.R.R.C. Acting Superin-
tendant of Nurses
April 1927



Miss Alberta Hicks R.N.
Graduate in Mental and
General Nursing, 1927
(Brandon Mental Hospital
and St. Boniface Hospital)

Miss Pearl McRann R.N.
Graduate in Mental and
General Nursing, 1927
(Brandon Mental Hospital
and St. Boniface Hospital)



Miss Mary McKenzie, M.D.
Univ. of Man. 1927
Graduate in Mental Nursing
1925



The 1927 Graduates



EDITH BARR, Lenore, Man.

Every body likes her, because they cannot help it.



EVA COOPER, Basswood Man.

To obtain her R.N.
Is at present her aim,
We know she'll succeed,
For she's that kind of a dame.



BERNICE CASSAN, Brandon, Man.

Cassie looks so demure and quiet,
And her voice is soft and low,
But you can't judge a Book by its cover,
And she is worth getting to know.



FLORENCE BRAMLEY, Rapid City, Man.

Why does Florence remind us of 'Peggy o'
Neil? because she has a sweet personality.

THE NORTH STAR



DOROTHY GRANT, Lenore, Man.
She is unique, there is only one like her.



EDITH HENRY, Scotland, (Ayr)
She is a tall Scotch Lassie,
One of the bonniest kind,
Her WILL is like Scotch Granite,
And she will Not change her mind.



EVELYN HICKS, Brandon, Man.
If you are ill and need lots of attention
From a nurse sympathetic and kind,
She is the one we would mention,
As "self" comes last in her mind.



ANNA MAY HILL, Alexander, Man.
On one occasion Miss Hill specialed one of
her co-workers who said of her, "Anna May
cheerfully does the little more." That remark
speaks for itself.

THE NORTH STAR



HILMA HORNFELT, Margo, Sask.

Her self sacrificing nature is known, although
she is not aware of it.

EVELYN MACKENZIE, Balmoral, Man.

Ideals lofty, nothing more,
A Pal who is "True Blue",
In an emergency calm and serene,
That's what she means 'to you'.
Witty, mirthful, full of fun,
Tender, thoughtful, and true,
We all feel convinced, Evelyn Dear,
There is no body else like you.



ELSA MOSHER, Alcona, Ontario.

From Eastern Canada Else came,
Her opinions are right all the time,
We think her vocation she missed,
And in politics she would "shine".



DORA MUIR, High Bluff, Man.

She is not very big,
Her nickname is dumpy,
Everyone likes her,
She never is Grumpy.



THE NORTH STAR



EDNA PURVIS, Estevan, Sask.

During this winter she has suffered much pain, but has always remained bright and cheerful, and has been most willing to help others, surely this is an admirable trait in one who is in the Nursing Profession.

NORAH SILLIPHANT, Rapid City, Man.

If only she had the money,
She would go to the States.
But we all think it funny,
To make her 'spend' and wait.



PHYLLIS SMITHARD, Bradwardine, Man.

Her ready sympathy and understanding will
gain her friends wherever she goes.



ALICE SPEERS, Brandon, Man.

Buster, oh Buster, how you can work,
So quickly and quietly, and well
One word you don't know, and that is called
shirk,
You are a jolly fine "gel."



THE NORTH STAR



MARGARET WEIR, Brandon, Man.

She can work, she can play, and is full of wit and humour.



THE GRADUATION CLASS, 1927

Tune—"Clementine"

There's a lass her name is Henry,
And the clergy is her choice.
Of a sweet and winning nature,
She will make the world rejoice.

Chorus:

Graduation, auscultation,
Scoliosis, croton oil,
Garlic essence, phosphoresence,
Staphylococcus leaves a boil.

There's a girl her face is bonny,
And she loves a sweet licquer,
She's so bright she won a medal.
And her name is Dora Muir.

Miss Grant now has Scarletina,
Desquamation is her forte,
And like Shakespeare's Julietta,
From the window holds her court.

Miss MacKenzie is a pitcher.
Of a great and far famed name,

She once fanned our Superintendent,
Wasn't that an awful shame?

Miss Weir has a sense of humour,
As a sprinter she's a joke.
Every time she sings a solo,
All the patients nearly choke.

Purvis is a sweet gazellum,
Tall and graceful like a deer,
She is jolly, bright and Manly,
Lives on buttermilk and beer.

Cooper is a bright young maiden.
Mastoiditis is her charm,
She is fond of birds and Robins,
She will never come to harm.

Beer by bottle, beer by license,
Beer by gallons in a jar.
You may get your soda-water,
We get our beer from Miss Barr.



HONOR ROLL

Final Year:

1st---Dora Muir

2nd---Elsa Mosher

Junior Year:

1st---Belle Stewart

2nd---Jessie Henry

First Aid:

Florence Bramley

Eva Cooper

Passed Junior Year:

Belle Stewart

Jessie Henry

Dorothy Galbraith

Reta Vann

Maude MacKenzie

Sarah Lindsay

Mary MacKenzie

Laura Robertson

Margaret McLeod

Verna Johnston

Dolly Hicks

Jennie Plaice

Mamie Blackwell

Gwen Parker

Elsie Millar

Successful Attendants:

Intermediate Year:

Charles Dowson

Junior Year:

James Allen

Charles Edwards

Nicholas Esslemont

John Dingwall

Henry Ashford

Samuel Gibson

William Pringle

Bray Willey

David Willey

Charles Willey

John Scott

Robert Gardener

Horoscope of the 1927 Class



Name	Known as	Noted for	Hobbies	Favorite sayings	Ambitions
Eva Cooper	E—va	Early rising	Pressing clothes	"I don't agree with that."	To get 100 per cent.
Bernice Cassan	Cassie	Smiling	Picking "Berries"	"Oh! you silly ass."	To marry a millionaire
Evelyn MacKenzie	Evie	Executive ability	Baseball	"So's your old man."	To travel
Elsa Mosher	Elsa	Arguing	Sewing	"Oh heck, that's no way."	To be a designer
Alice Speers	Buster	Sleeping	Going to parties	"Don't be funny."	To go to B. C.
Hilma Hornfelt	Horny	Length	Dolling up	"Oh skunks."	To get her B. A.
Norah Silliphant	Nor—ah	An Irish temper	Collecting Shamrocks	"Don't be dumb."	To get to U. S. A.
Florence Bramley	Florence	Singing	Dressmaking	"You don't say."	To do the flea-hop
Edith Barr	Egus	Water-waves	Shopping	"Is'nt any fun in that."	To live a life of leisure
Edith Henry	Hen—ry	Attending church	Buggy riding	"Hoot mon!"	To get her R. N.
Dora Muir	Dumpy	Short skirts	Borrowing books	"Curses for ten times."	To be tall and stately
Edna Purvis	Ed.	Rheumatism	Widowers	"When do we eat?"	To be thin
Dorothy Grant	Dot	Having Scarlet	Writing letters	"Is'nt HE cute!"	To find a cure for love
Margaret Weir	Muggy	Holding the telephone	Telling jokes	"Whose buzzer?"	To marry a mechanic
Phyllis Smithard	Phee	Going up town	Taxi-ing	"I don't care, that's no fair."	To be a school-marm

Historical Notes on the Training School



N the winter of 1920-21 a few lectures in Anatomy and Physiology were given by the medical staff to any nurses who cared to attend them. By their attendance and study several showed their interest. With this encouragement therefore a regular course of instruction was undertaken in October 1921. Those who took advantage of this opportunity applied themselves so well that the next spring it was possible to present to Doctor Mathers one afternoon a group of young women who had successfully passed their first examinations and were thus well launched upon the sea of student life. Not long afterwards the one who stood at the head of the class left the school to embark on the more arduous sea of matrimony, but her studiousness her enthusiasm and ability in class and on the wards alike did much to encourage her teachers to persevere in the organization of the training school. She is now Mrs. William Pringle.

In June 1923 a class of seven young women presented themselves for graduation, the first class in mental nursing in Manitoba and the first also in Western Canada. They were pioneers.

In 1924 ten nurses were graduated. In 1925 there were thirteen, among them a young woman who paused long enough in a strenuous medical course to take a course Mental Nursing, and who has this year received her degree in Medicine from the University of Manitoba. In 1926 there were eight and in the class of the present year there are seventeen, making a total of fifty-five who have been graduated from the school.

In 1925 the Sister Superior and the Superintendent of Nurses of St. Boniface Hospital very generously consented to accept three of our nurses in affiliation as an experiment. Since then the Act governing the training of nurses has been amended so as to clearly authorize such an arrangement with the result that this year the University of Manitoba has accepted two of these nurses for the examination for the Registered Nurses diploma, an examination they have both successfully passed. In Western Canada and probably in Canada as a Whole they are the first nurses to so graduate. They are pioneers in mental and general nursing.

As a result of the work of the Training School it has been possible to satisfactorily staff or rather partly staff with women the men's infirmary ward and all the men's Wards of the Receiving Hospital. This important step was taken on Dec. 10, 1924. The natural sympathies and aptitudes of the high minded women are as essential and as beneficial in mental nursing as in general nursing.

The training school was organized directly for the benefit of the young women on the nursing service of the Hospital and indirectly for the benefit of patients whose welfare is the sole purpose of our service here. Its success has been made possible by the application and interest of the young women themselves and by the interest and hard work of the teaching staff who have given generously of their time and knowledge for that purpose.

During these years there has also been in operation a less extensive course for attendants, a course which has all through been purely elective. The first class of attendants received their certificates in 1924. In all, eleven attendants have completed the course.

Even an historical note on the training school would be incomplete if mention were not made of the splendid support it has received from the people

THE NORTH STAR

of Brandon in their lively interest on all occasions, and particularly at the time of graduation.

Outstanding features of the graduation exercises have been the five notable addresses to the graduation classes delivered by Dr. Jaspar Halpenny, Rev. Eber Crummy, Mrs. R. F. McWilliams, Dr. D. A. Stewart and Venerable Archdeacon McElheran. The exercises have also been honoured by the presence on various occasions of Dr. J. A. MacLean, President of the University of Manitoba, Dr. C. M. Hicks, Director of the Canadian National Committee on Mental Hygiene, and by Dr. Harris McPhedran and Dr. Pentecost of Toronto. The Honourable W. R. Clubb, Minister of Public Works, has shown his interest by being present to preside whenever possible, and when that is impossible he has been ably represented by Mr. McLean, the Deputy Minister, and Dr. A. T. Mathers.

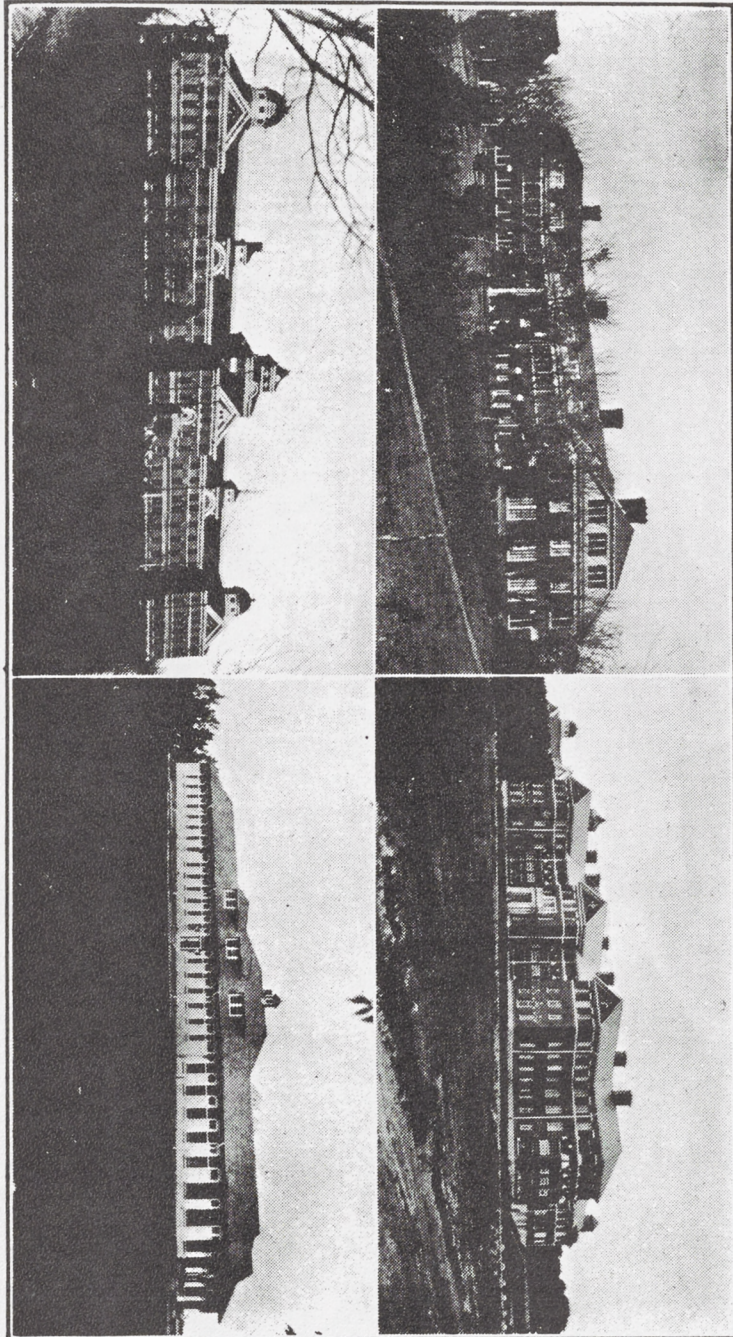


The North Star photographer snapped the above group just before they left to take their places on the Mental Hospital float. Each young lady bears the shield of the province she represented. They are: Margaret Weir, Nova Scotia; Helen Metson, New Brunswick; Mona Parsons, Prince Edward Island; Lucienne Lecot, Quebec; Nellie Innes, Ontario; Sarah Lindsay, Manitoba; Reta Vann, Saskatchewan; Alice Speers, Alberta; Bernice Cassan, British Columbia. At the left is Mr. F. Booth, representing Premier McKenzie-King and at the right is Mr. A. Long, representing Sir John A. McDonald.

It is with regret that we report the departure of Dr. Thomas R. Kerr, who has severed his connection with the hospital. He plans to spend a few months in Eastern Canada but then expects to go to the British Isles and Europe for a time.

Dr. and Mrs. J. W. Bridges of Montreal were visitors at the Hospital recently and while here gave two much appreciated addresses on Psychology.

Miss Henry, who recently visited friends at Moosomin reported a very pleasant time.



Nurses' Home
Main Building

The Brandon Hospital for Mental Diseases

Receiving Unit
Colony Building

Athletics

Nurses' Soft Ball Club

The club was organized early this season and the following officers were elected: Hon. Pres. Dr. Baragar, Pres. Miss Lynch, Capt. Miss Pilkey, Sec. Miss E. McKenzie, Manager Dr. Shultz. The team lost their first games to Jefferson's Ladie's Team by a score of 9-11 and 19-25, but they won from Rideau Park 22-18 after an exciting game. The Team lined up as follows; E. McKenzie p. H. Metson c. M. Pilkey 1 b. I. Ward 2 b. M. Mellroy s. s. L. Robertson 3 b. Outfield J. Henry. B. Cassan. M. Ross.

Mental Hospital Soft Ball Club

This club has had a very successful season winning 7 games and losing 3 in the city league. As this was the first year the boys have played the game they did exceedingly well to finish second in the league. The schedule is as follows:

June 10.	M.H.	24	Codville Co.	6	W.
15.	M.H.	15	Dingle Fruit	9	W.
17.	M.H.		Western Grocers		W.
22.	M.H.	11	C.P.R. Mechanics.	10	W.
24.	M.H.	14	C.P.R. Express	33	L.
29.	M.H.		Dingle Fruit.		W.
July 11.	M.H.	18	Codville Co.	24	L.
15.	M.H.		Western Grocers.		W.
18.	M.H.	3	C.P.R. Mechanics.	4.	L.
20.	M.H.	6	C.P.R. Express.	3.	W.

The team is as follows: H. May p. R. Crofton p. W. Booth c. R. Smith 1b. J. Allen 2b. Dr. Thordarson s. s. Dr. Shultz 3b. Outfield C. Bates F. Lowes. T. Foley. C. MacRae. Scott.

The officers elected for the season. Hon. Pres. Dr. Baragar. Pres. Mr. Shaw. Vice-Pres. Mr. Clarke. Capt. H. May. Sec-Treas. C. Bates. Manager R. Smith.

Tennis Club

Owing to the bad weather there has not been as much interest in tennis to date as expected. The courts are now in good shape and a new back net has been built on the west side. The officers elected this year are as follows: Hon. Pres. Dr. Baragar. Pres. Dr. Goulden. Sec-Treas. C. Edwards.



The Occupational Exhibit

The exhibit from the Occupational Departments of the Mental Hospitals this year was the best yet. The new quarters in the Provincial Government Buildings were very suitable and an improvement on the space formerly occupied. Unfortunately an attack of "cold feet", a fear that 54 ft. of space would be more than could be satisfactorily occupied, induced us to relinquish one of the three sections originally assigned to the Mental Hospitals, with the result that the two sections were over crowded. The chief value of the exhibit is educational.

The exhibit was under the capable direction of Miss J.H. Stewart of the Psychopathic Hospital, Winnipeg, and Miss Jessie Rice of the Brandon Mental Hospital. Miss Marjorie Pierce of Selkirk was unable to be present though she sent up an exhibit.



Ladies' Page



Those who think the age of chivalry has past do not know Dr. Goulden. Why when 'Betty' was indisposed he used to go to town twice weekly to visit her. He saw her disembodied, unpainted, and in dishabille, yet if anything he loves her more than ever.

Dr. Baragar expects to secure the Golf Championship this year, as he will be able to address any complimentary remarks to the ball in German he will be at a great advantage.

Mr. Gauld's Rabbit, and Guinea Pig Farm is progressing very prolifically, being Scotch, he likes a lot from a little.

Dr. Kerr passed the Hospital Bus in his Car the other day, it is the only thing on wheels he ever did pass.

Mr. Edwards was running the Elevator the other day, when a young lady said to him "What would happen if this fell from the top to the bottom?" "Gosh" he said "I'd lose my job".

We thought that in view of past events, Mr. Duguid, would be using a Horse and Buggy this summer.

Is the spring in which Mr. Allen cools his soft drinks in summer time, situated on his own property? if not why did he try to discourage the ladies from picnicing there?

Do the School Children enjoy the 'Clinics' as much as Dr. Davidson appears to?

Anybody who requires any hints on "Interior" or "Exterior" Decorating should consult Dr. Schultz, his skill in that direction equals that of any professional.

Mr. Noonan will soon be one of the most popular men around, he cannot resist that appeal "Just a small bunch for my room."

We wonder how a certain Sheik would have felt, had he known that a particular Sheba, whom he had been informed was not "at home" was watching his departure from the Nurses' Home with great pleasure.

Miss Hornfelt just loves little birds, Swallows are her speciality just now.

Is Brown Miss Grants favorite colour?

We would suggest that after Miss Maude McKenzie recovers from her 'Sickness de luxe' (a borrowed phrase) that she should give evenings in which she can tell the rest of us all about the books which we would love to read, and which she has had so much time to devour.

Miss E. Henry and Miss Maude McKenzie were discussing the Election candidates, and Miss Henry said "Beer, who is Beer, I did not hear, of him, what party does he represent"?

Publishers' Note: Although this is "Ladies Page," most of the items refer to men. We presume the Editress voices the general trend of thinking.

Locals and Personals



MISS J.H. Stewart, supervisor of Occupational Therapy at the Psychopathic Hospital, Winnipeg, was a very welcome visitor at the Hospital and Nurses' Home during Fair week. Since her sister Mrs. W.C. McKillican left the Experimental Farm we have seen all too little of her. It is evident that the enervating atmosphere of Winnipeg has had no effect on her general fitness as was discovered on a Sunday trip to Ninette. A rocky journey there was and an adventurous night return through a slough and several mud holes with the constant threat of rain had no dampening effect on her spirits and left her apparently unfatigued the next day.

Dr. and Mrs. Goulden, Leila, Miss McCullough and Mrs. Torrance set out on their trip to Montreal on July 14th with the weather looking none to favorable. It has been reported however that with the exception of some engine trouble this side of Winnipeg everything was going merrily with them. May the gods continue to be propitious?

Miss Graham, a class mate of Miss Lynch's and now on the staff of the W.G.H., was a week-end guest at the Nurses' Home.

Dr. and Mrs. S.J.S. Peirce and party arrived home safely about 2 a.m. on the 18th having covered 435 miles in the last day. It takes a good driver to do that and as well to play the Good Samaritan once or twice. They report a wonderful trip through the Canadian Rockies.

The many friends of Mr. John Sample will be pleased to see him about again after his injury and trust he will soon be as well as ever.

Little Miss Nancy Davidson, who arrived on June 21st, is the guest of Dr. and Mrs. George Davidson. We wish to congratulate them both and to congratulate also the young lady on her judgment in the selection of parents and grandparents.

A father of three small children had just been taking them around the Fair Ground, to the swimming pool, menagerie, and the Experimental Farm while the mother attended a tea. When they called for her afterwards the mother asked, "Well what did you see? With this prompt response from a small man of three "See girly in the bathtub."

There is great disappointment in the Nurses' Home as a well known young gentleman who had to date been regarded as a veritable Penelope for constancy was seen the other evening, after a certain young lady had gone to Winnipeg, entertaining no less than five other young ladies, without the least sign of languish.

Dr. C.M. Hincks, Toronto, Director of the Canadian National Committee on Mental Hygiene, and Miss Keye paid the hospital a flying visit on June 14th. While here Dr. Hincks gave the Medical and Nursing staff a short but very interesting address on his recent professional visit to Great Britain and Europe. To atone for the brevity of this visit he has promised to make a longer one in the fall.

Miss Carvey's friends will be glad to learn that she is convalescing satisfactorily and will soon be back on duty.

We are glad to see Miss Evelyn Hicks back on duty again.

Miss Maude McKenzie is reported to be progressing rapidly and will be back with us again before long.

THE PROVINCIAL GOVERNMENT BUILDINGS

The new Government Buildings at the Fair Grounds is an added asset and forms a distinct contribution to the already fine exhibition facilities of the Fair Board. It provides accommodation for the housing of exhibits more or less related to Government activities, such as Education, Public Health, Agriculture, Forest Conservation, accident prevention and Natural History. The forestry exhibit was a particularly fine one and must have attracted a great deal of interest. The exhibit of the Bureau of Labour presented many interesting object lessons as to the causations of accidents with suggestions as to prevention. The Agricultural College as usual had a fine and thoroughly well planned exhibit. With them it has become an art well worth copying. One criticism might however be made of the Building. Over the eastern entrance are emblazoned in relief the following significant titles, Education, Agriculture, Industry, Commerce, Cooperation, Conservation, Progress, and Thrift, but nowhere does one find the all important word Health, without which all the other phrases of life become more or less nullified.



The Canadian National Committee on Mental Hygiene

Recently the majority of Mental Hospitals in Canada have been visited by Dr. C.M. Hincks, Director of the Committee and by his associates, Miss Keyes the secretary Mr. LeBourdais an experienced publicist, and Professor and Mrs. J.W. Bridges Psychologists on the Research Committee.

These visits are of the utmost value. They help to develop an interest on the part of Mental Hospital personnel in each other and to bind them together. They stimulate a spirit of enthusiasm and progress and serve to develop a true perspective of the work as a whole. But the contacts of the Canadian National Committee are much wider. They perform an important interpretative function between Mental Hospitals and Mental Hygiene activities on the one hand and the general public on the other. Dr. Hincks and his associates may be assured that their visits are appreciated.

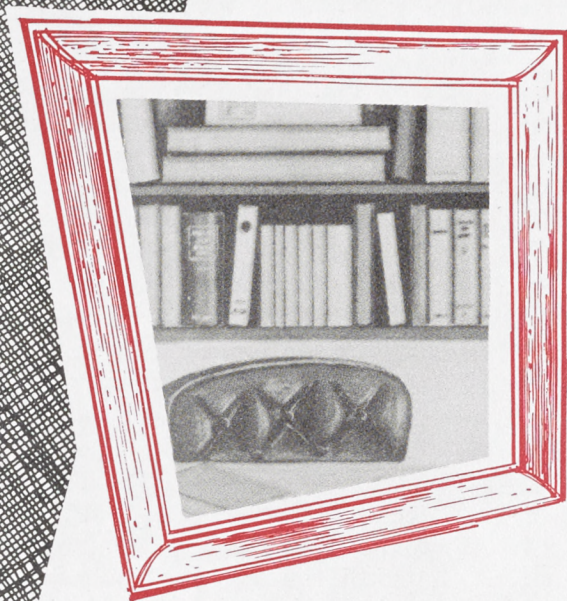


THE PRINTERS

When one sees a printed page, a booklet or even a printed form, rarely does one realize the amount of work entailed on a press such as ours. Not only has each letter to be set by hand, but each letter when the printing is done must be carefully put away. The press has to be oiled, inked and cleaned. Proof must be read and corrections made and lastly the printed article has to be struck off sheet by sheet. All this involves work, great care and close attention but it is all very interesting. It is in fact an art; an art that can bring much pleasure and profit to both artist and reader. There have been many earnest workers in "The Printing House" but the chief of them all, and the one who has set more type than anyone else, who has done almost all the actual printing, and who has kept the press in order is Mr. Stanley Morgan. We congratulate Stanley on the excellence of his work and his success. He has had several capable assistants in the work, chief among them is Mr. Howard Burgess whose interest has been second only to Stanley's. They are both to be congratulated.



“... a mother complex to end all mother complexes.”



LITERARY



THE CHALLENGE OF PSYCHIATRIC NURSING

What is a challenge? What is psychiatry? These and many other questions, ideas and thoughts flash through our minds when we think of psychiatry and the challenge it has. Let us examine these words closely: the word "challenge" means "to call or invite boldly to a contest of any kind"; "psychiatry" is "the branch of medicine which deals with the diagnosis, therapeutic and prophylactic aspects of mental illness". Now that we have the definitions I'll expose you to some of the challenges psychiatric nursing has for me.

The opportunity to be able to work with the mentally deteriorated and regressed patient and to know that possibly our contact with him might do something to his inner emotion, that he may become more accessible is a challenge to me in itself. The expression "Behaviour is the key to understanding" is very valid, because if we know the patient's illness we then are able to understand his behaviour much better. We will then no longer think of his behaviour as peculiar and manneristic, but will try to use better technique and approach, and present ourselves as a "crutch" for the individual patient. We must never fail to realize that if this particular patient could cope with society he would not be hospitalized. Just as a crutch helps the individual with a fracture in his leg, even so are we the "crutch" which helps the patient to become a constructive member in future society.

Did you know that 10% of the world's population will require some psychiatric treatment? Did you know that there is an average discharge rate of 85% within the group of acutely mentally ill? Did you know that there is a greater discharge rate in the acute mentally ill patient without a relapse of the illness than there is of any physical illness? These facts alone should give us zeal to strive for better mental health, and also to learn to accept mental illness as an illness, not as a curse.

Another challenge in psychiatric nursing comes in helping to change public opinion with respect to mental illness. It can be quite frustrating to see the hospital do everything in its power and ability to rehabilitate a patient so that he will be able to be discharged and then when the patient arrives at his home he realizes that society will not accept him any more. The members of society seem to keep a mark against him for having been in a mental hospital, not realizing that they themselves possess the pre-disposing factors and perhaps also the heredity which could result in their requiring similar treatment some day. The fact of not being accepted is enough of a blow for many a patient to break down again from the normal patterns of behaviour. This should stimulate us to want to re-educate the public concerning mental illness, explaining that it is not "bedlam" but a hospital. These are but a few of the challenges that psychiatric nursing has in store.

Mary Toews
'63B

ANYONE FOR OCCUPATIONAL THERAPY?

Though space appeals to certain kinds
Of restless, discontented minds,
Some characters who don't mince words
Contend it's strictly for the birds.

Margaret Fishback.

DEDICATED TO MOM AND DAD

To you, who all these years
Have labored, and cared, and loved,
And given us a home -
Where first we learned what it meant
To be loved and have security;
And where you taught us patience
And understanding.

How much we have to thank you for
In these past years of nursing:
Your practical love in those parcels from home,
Your sharing of problems and the help you gave:
Your understanding hearts
When the rugged path seemed too steep to climb,
And the goal too hard to attain.

To you, who molded and shaped our lives
To help us attain our goal --
Let us express our heartfelt "Thanks".

A NURSES PRAYER

I dedicate myself to Thee,
O Lord, my God. This work I undertake
Alone in Thy great Name, and for Thy sake.
In ministering to suffering I would learn
The sympathy that in Thy heart did burn,
For those on life's weary way
Unto diseases divers are prey.
Take, then, mine eyes, and teach them to perceive
The ablest way each sick one to relieve.
Guide Thou my hands, that e'en their touch may prove
The gentleness and aptness born of love
Bless Thou my feet, and while they softly tread
May faces smile on many a sufferer's bed.
Touch Thou my lips, guide Thou my tongue,
Give me a word in season for each;
Clothe me with patient strength all tasks to bear.
Crown me with hope and love, which know no fear,
Shall e'en inspire with joy the dying breath.
All through the arduous day my actions guide,
And through the lonely night watch by my side.
So shall I wake refreshed with strength to pray:
"Work in me, through me, with me, Lord, this Day."

THIS I OFFER YOU

I come to you
And bring
Nothing in my hand.

I bring Only myself
and all that within my life and experience
have come to make me what I am now with you.

I come-hoping that you will welcome me.
If not-then hoping that you will eventually accept me
And if never
I still come and will remain
for as long as you need me
though you may not want me
though you may not love me.
The wanting and the loving will remain
as my gifts to you because
I want to be with you and I want you to know
that there is love and that it is a gift.

I may never need you though you may ever need me,
Therefore, I stay because I must
because in my heart is a gift
given to me that I may give of it freely.

It is a gift of love and I offer it to you.

- Sara Beth Shipps.

ON SEEING BOTH POINTS OF VIEW

- Not merely your own.

An anonymous author sums up this
point as follows:

When the other fellow acts that way--he's ugly.
When I do it--it's nerves.
When he's set it his ways--he's obstinate.
When I'm set in mine--it's firmness.
When he doesn't like my friends--he's pre-
judiced.
When I don't like his--I am merely showing
good judgement of human nature.
When he tries to be accommodating--he's
polishing the apple.
When I do it--I'm using tact.
When he takes time to do things--he's dead
slow.
When I take ages--I am deliberate.
When he picks flaws--he's cranky.
When I do it--I'm discriminating.

Anon.

A WORK CREED

If you work in a profession, In Heaven's name
work for it.
If you live by a profession, live for it.
Help advance your co-worker.
Respect the great powers that protect you, that
surround you, the advantages of organiza-
tion, and that makes it possible for you to ach-
ieve results.
Speak well for it.
Stand for it.
Stand for its professional supremacy.
If you must obstruct or decry those who strive
to help--quit the profession.
If you do, you are loosening the tendrils that
hold you to it and with the first high wind that
comes along you will be uprooted and blown
away and probably will never know why.

The Nursing Journal Of India.

LAMENT OF A PSYCHIATRIC NURSE

I never get mad; I get hostile;
I never feel sad; I'm depressed.
If I sew or I knit and enjoy it a bit,
I'm not handy -- I'm merely obsessed.

I never regret -- I feel guilty,
And if I should vacuum the hall,
Wash the woodwork and such, and not mind
it too much,
Am I tidy? Compulsive, is all.

If I can't choose a hat, I have conflicts,
And ambivalent feelings toward net.
I never get worried or nervous or hurried;
Anxiety -- that's what I get.

If I'm happy, I must be euphoric;
If I go to the Stork Club or Ritz
And have a good time making puns and
rhyme,
I'm manic or maybe a Schiz.

If I think that someone was nasty,
I'm paranoid, obviously.
And if I take a drink without stopping to think,
It's Alcoholics Anonymous for me.

If I tell you you're right, I'm submissive,
Repressing aggressiveness, too.
And when I disagree, I'm defensive, you see,
And projecting my symptoms on you.

I'm not lonely -- I'm simply dependent.
My dog has no fleas, just a tic.
So if I seem a cad, never mind -- just be glad
That I'm not a stinker -- I'm sick.

-- Anonymous.

A NURSE'S DILEMMA

Doctor please learn how to write:

I know that high is your profession
And you should be allowed concession;
And yet, somehow I still refuse
To find a really good excuse
Why men with intellect and brains
Can't even learn to write their names.
Why must I fuss and fume and fret
And fairly break out in a sweat,
And call the staff into a huddle
To try and figure out this muddle?
There are letters that I cannot see
And I must almost psychic be.
But really Doctor, it's a fright,
When I can't tell your left from right.
I'll soon develop a psychosis
For fear I'll err in diagnosis.
Now doctor don't you think it's rude
To make your letters all so crude?
And writing stuff that is so bad?
It sometimes makes me frightening mad.
I know your hours seem so few;
To me my time is precious too.
Why should I go home and weep
And have such nightmares in my sleep.
I know that high is your profession
And you should be allowed concession
I know that pain and germs you fight -
But, Doctor, PLEASE LEARN HOW
TO WRITE!!

----- Anonymous.

* * * * *

We all depend upon each other - nobody can do
anything single handed, but make a fool of him-
self.

JEAN MANCE PLEDGE

That I may be strengthened in my resolve to model my life of duty after that of Jeanne Mance, the first lay-nurse of my beloved Canada.

I place myself in the presence of God, and I pledge myself, with the help of His grace to be faithful to the following ideals:

I will appreciate the dignity of my high vocation and its many responsibilities, remembering That what I do for the least of God's children, I have done it unto Him. While administering to the mind and body, I will serve the soul by observing the principles of right ethics and nursing honour.

I will be devoted to the profession that is mine, obeying the physician within the sphere of his authority, and I will make my work a labour of love rather than a profit whenever the service of God or country requires it of me.

MODESTY

Don't boast, my friend, because you
have By Nature, been endowed
With gifts that sometimes set you
up
Above the milling crowd.

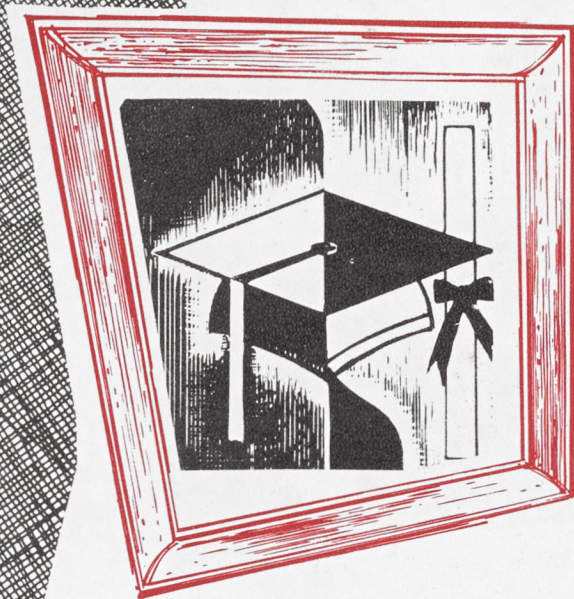
In modest silence, wend your way
Beside your fellow man
And utilize your talents rare
To help him all you can.
Remember, but for circumstance,
You might be dull as he
And to his future happiness,
Perhaps you hold the key.

So, as you travel onward through
This winding vale of tears,
Be sure to share you wondrous
gifts;
Insure your future years
For, just as certain as the sun,
Each good deed that you do,
Like bread upon the waters,
will return, someday, to you.

TO THE PROBIES

When things go wrong, as they some-
times will,
When the road you're trudging seems
all uphill,
When the funds are low and the debts
are high,
And you want to smile, but you have
to sigh,
When care is pressing you down a
bit,
Rest if you must -- but never quit.

Life is queer, with its twists and
turns,
As everyone of us sometimes learns,
And many a failure turns about
When he might have won if he'd stuck
it out;
Stick to your task, though the pace
seems slow---
You may succeed with one more blow.



Graduation Pictures





CONGRATULATIONS



GRADUATES

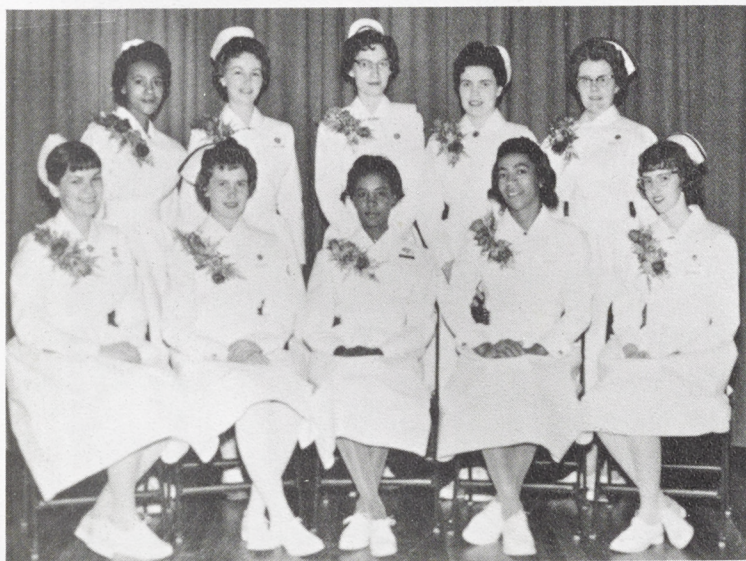
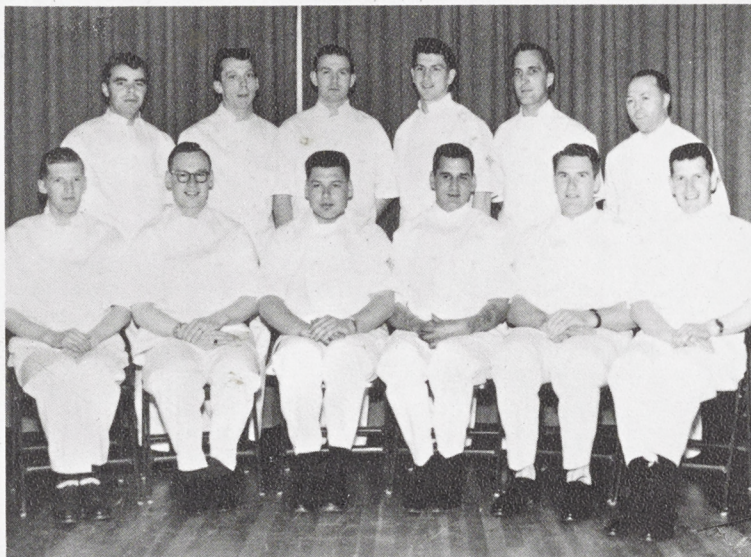
1962



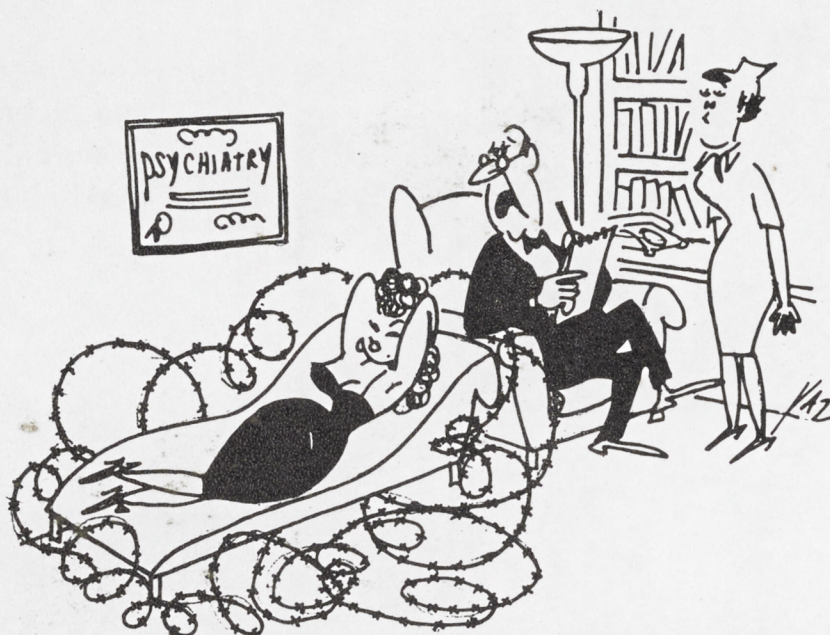


★ **Combined Psychiatric
and Licensed
Practical Nursing
Certificate**

★ **Psychiatric
Nursing
Certificate**



★ **Psychiatric Nursing
Certificate
Post Graduate
Course**



"And what makes you think that you're irresistible?"



"Since when do we prescribe dosages by the jigger?"



"Well, I'm certainly glad to know I'm *really* neurotic and it's not just my imagination."



"He's *very* well adjusted to his group — that's what we're worried about."

ACKNOWLEDGEMENTS



The Editor Wishes To Thank . . .



Mr. J. Seymour - North Star Edition



The Stenographers Who Helped With Typing

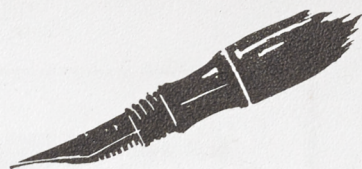


All People Who Gave Photographs



*And, of course, The Yearbook Committee and
the numbers of helpers called upon to assist.*

Faculty Autographs



Student Autographs . . .



"Medical techniques have changed. Twenty years ago he had me remove *all* my clothes."



**WARD & McDONALD
ASSOCIATES . . .
ARCHITECTS**



Phone PA 9-4002

"Our Congratulations to the
Graduating Class."



**BRANDON HOBBY CRAFT
CENTRE**

All Hobby and Art Needs.



10th Street

Brandon

BARNEY'S DRIVE - INN

Dining Room — Lunch Counter

Curb Service

Phone PA 9-5870

Delivery Service

Open 24 Hours

RICKIE'S LADIES' WEAR

FOR THE FINEST IN
FASHION



930 Rosser Avenue

Brandon

CONGRATULATIONS TO THE
CLASS OF '62.

MUTTER BROS. GROCERS



928 Rosser Avenue

Brandon

**Green Acres Barber Shop —
BEAUTY SALON
& Hairdresser**

Phone PA9-6911

1427 First Street

Brandon



OUR SINCERE THANKS TO ALL THE
BUSINESS MEN AND MERCHANTS
WHO, THROUGH THEIR ADVERTISING,
MADE POSSIBLE THE PUBLISHING OF
THIS YEARBOOK.

— THE YEARBOOK COMMITTEE

Compliments of . . .

- ★ CHRESTS DRY CLEANERS
- ★ STARLIGHT BEAUTY SALON
- ★ AGNEW-SURPASS SHOE STORE
- ★ THE SPECIALTY SHOP
- ★ STUART'S NEWS
- ★ CARLTON CAFE
- ★ YAEGER'S FURS LTD.
- ★ METROPOLITAN CAFE
- ★ PUE'S INTERIOR FURNISHINGS
- ★ WHITE ROSE SERVICE STATION
- ★ BARRY NEILL MEN'S WEAR
- ★ JO-ANN ACCESSORY SHOP LTD.
- ★ SUNSET LUMBER
- ★ IMPERIAL TAXI
- ★ ANDY'S BODY SHOP
- ★ DAYTON'S LTD.
- ★ BRANDON WOOLLEN MILLS CO. LTD.

**CLARK LEATHERDALE
FUNERAL HOME . . .**

Serving all regardless of faith,
or financial conditions.

★ **AVALON THEATRE**

★ **SOURIS**

For the best in entertainment,
SUNDAY NIGHT SHOWS . . .
bring a party.

NEW SYSTEM STORE

* * *

Kiddies', Boys' and Men's Wear

* * *

Everything for the
working man.

619 Rosser Ave. Brandon, Man.

BRANDON HARDWARE CO. LTD.

- Sunworthy, water-fast
wallpaper
- China
- Dinnerware
- Glassware

641 Rosser Ave. Brandon, Man.

GOODEN'S MEN'S SHOP LTD.

Quality

MEN'S WEAR

since 1892

908 Rosser Ave.,

Brandon

★

★

SMITH'S DRUG STORE LTD.

ALL PRESCRIPTIONS
FILLED

COSMETICS

★

★

P. A. KENNEDY CO. LTD.

Electrical Appliances

Home Furnishings

Musical Needs



7th & Rosser Ave.

Brandon

**MELODY BEAUTY SALON
and . . . BARBER SHOP**

★

LATEST HAIR STYLES

★

● **Phone PA6-6334**

116-8th St., Brandon

Compliments of

Doig's

on Tenth Street

- Dry Goods
- Women's Wear
- Home Furnishings

KRESGE

The
latest in
Style and
Variety Merchandise



Friendly,
Efficient Service

**CLARK SMITH
STUDIO**

★ ★ ★
**PORTRAIT
PHOTOGRAPHY**



**Amateur Finishing
Sittings**



135-10th Street

Brandon, Man.

**CLEMENT'S
DRUG STORE**

- Prescriptions filled
- Veterinary Products
- Helene Rubenstein
- Cosmetics
- Camera Needs
- Complete Rexall Line

901 ROSSER AVE.

BRANDON

Congratulations and Best Wishes

to the

Graduate Nurses - Class of '62



ANGLO - CANADIAN OILS LTD.

MacARTHUR & SON LTD.

HIGHWAY TRANSPORTATION

SERVICE - CARTAGE



7th Street

Brandon - Manitoba

**McGAVIN TOASTMASTER
LTD.**

Manufacturers of

GOOD BREAD and

. . . FINE CAKES



PHONE

PA6-2348

WRIGHT & WIGHTMAN

JEWELLERS

Diamonds . . . Watches . . . Jewellery . . . Silver

Giftware . . . Engraving . . . Repairs

**OUR CONGRATULATIONS TO THE GRADUATING
STUDENTS OF THE CLASS OF '62.**

904 Rosser Avenue

Brandon, Man.

Phone PA 9-2404

PATMORE'S FLORISTS

**FLOWERS FOR EVERY
OCCASION**



Phone PA 9-1590

Member Florists Telegram Delivery.

**Congratulations Graduating
Students.**

MODERN DAIRIES

BRANDON LTD.



**"You can whip our cream but
You can't beat our milk!"**



